

Runcorn Town Park Maprun F courses

Location:

Phoenix Park Avenue, Runcorn: <https://windmillhill.online/phoenix-park/>

GR: SJ 545 824

<https://goo.gl/maps/qgavTdBZXktb1WPQA>

From A558 Daresbury Expressway take the exit to Castlefields (first junction east of the new bridge). Head south on Castlefields Avenue. After half a mile turn left onto Phoenix Park Avenue to reach the car park.

Start:

From the car park, head south east past the children's playground and the café.

Terrain:

The courses are mostly in woodland with some areas of fine contour detail.

Updated map: ISOM 2017-2 – 1:10000

Courses:

BLUE – 6.2 km 115 m

LIGHT GREEN – 3.1 km 60m