



DEESIDE ORIENTEERING CLUB

Sunday 23 January 2022

THURSTASTON COMMON - LEVEL C EVENT DETAILS

Location and Parking

Thurstaston Common is situated on the Wirral, west of Birkenhead. The event will be signed from the junction of A540 and the B5140 at GR **SJ237856** and from the junction of the B5140 and B5139 at **GR SJ245867**.

Parking at the Hillbark Hotel, Post Code **CH48 1NP**, GR **SJ 245858**.

Please car share where possible.

Entries

Entries via [Fabian4](#)

Entry fees: Seniors £7, Juniors £3.50

Entries via Fabian4 available until Wednesday 19th January 2022.

No Entry on Day. Pre-entry only.

Assembly and Download

SI Card "Dibber" hire and download in field near to finish, Royden Park, approx. 300 m from car parking.

Enquiries/Dibber Hire

SI Card "Dibber" hire is £0.50

Enquiries will be open from 10.15 for collection of hired Dibbers.

Facilities

First Aid will be at Assembly / Download tent.

Toilets are located at the Coach House building (to northeast of car park & north of finish/download).

Unfortunately there will be no equipment traders at the event.

It is expected there will be a catering van selling hot drinks and cakes in the public car park.

Dogs

Allowed but on leads and owners must clear up after them. Dogs not allowed on courses.

Map

Map updated 2020 by G. Nilsen. Control descriptions on the front. All courses will be at a scale of 1:7,500 (with 5m contours) on A4 waterproof paper. The contour interval is 5m. Brown & Blue courses will have a double-sided map.

Terrain

Mixture of woodland (mainly fast run with areas of rhododendrons) and open heath including a ridge of exposed sandstone. There are numerous crags, mainly small. The area is well-used by the public (particularly dog-walkers) and so has a well-developed path network which has had to be mapped selectively: to make the map readable, smaller paths have been omitted. Note that some of the major paths are "braided" and some changes of vegetation may have occurred since the last update.

Fences are only to be crossed at gates or stiles.

Warning - some of the paths go over bare rock and these can be slippery when wet.

Courses

Control description sheets will be available in the start lanes. Yellow courses have written control descriptions, other courses have pictorial descriptions.

Courses close at 14:00. You must report to download after the finish even if you do not complete your course.

Course Distances are subject to final controlling:

Course	Length	Climb	No of Controls
Brown	9.0 km	180m	28
Blue	6.2 km	145m	23
Green	4.6 km	120m	18
Short Green	3.5 km	95m	16
Light Green	3.3 km	85m	14
Orange	2.9 km	55m	12
Yellow	2.5 km	40m	13

Start Times

Start times will be 10:30-12:30. Start times will be allocated and published on the Fabian4 website.

Start and Finish

The start and finish are located within 300m of Assembly. There will be a punching start.

Safety and Risk

Please keep to the side of the road and be aware of oncoming traffic, as you leave the car park on route to the start.

Whistles are compulsory and will be checked at the start. Full body covered is required.

Cagoules may be compulsory (weather dependent).

Please be aware that the area is popular with the public and especially dog walkers.

The competition area is enclosed by roads, fences, and a stream so competitors should not stray off the map!

If lost, head North to the Assembly area in large open field (near public car park) and report to download.

A comprehensive risk assessment has been conducted by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

Event Cancellation

If severe weather is forecast which causes the event to be cancelled, this will be notified on the DEE website.

Medical Conditions

Any relevant medical conditions should be declared at Registration.

Privacy

When entering our events your name will appear in the Results section of this website.

Acknowledgements

Deeside Orienteering Club are grateful to the following for permissions and their support:

Wirral Borough Council

The National Trust

Natural England

The Friends of Royden Park

The Hillbark Hotel

Officials

Planner: Chris Calow (DEE).

Controller: John Kewley (MDOC)

Organiser: Noel Schorah (DEE)

e-mail: noelschorah@hotmail.co.uk

Anyone orienteering using permanent or virtual courses, or taking part in club activities or events, must follow this code of conduct and any additional requirements set out by the organising club to ensure the safety of themselves, other participants, event volunteers and the general public.

Government or local authority guidance takes precedence over this code of conduct. If government/local authority guidance changes at any time, it must be followed with immediate effect, including, if necessary, by stopping any orienteering activity. Personal safety must be the main driver for all decision making.

COVID-19 is still present in society and Orienteering events have a responsibility to remain safe. This code of conduct may be amended at late notice should further restrictions be reintroduced.

Personal conduct – Preparing to Attend an Orienteering Activity/Event

- Act as an ambassador for the sport of orienteering at all times.
- **DO NOT take part in any form of orienteering**
 - If you have any COVID-19 symptoms,
 - Are required to self-isolate under the current government guidance or been contacted by the NHS and asked to quarantine even if you are not displaying any symptoms.
 - If you have returned from any overseas country (except for ROI or one of the exempted countries identified by the government) until you have completed the required self-quarantine period, even if you are symptom-free.
 - If you are awaiting the result of a COVID-19 test that isn't part of any routine testing you may be undertaking unless you are displaying any symptoms.
- Ensure you have read, fully understand and follow any information or instructions provided by a club about the event/activity before you arrive at an orienteering course. This will form part of the club's risk assessment for the activity and may be as a result of restrictions imposed by landowners, local authorities or the government.
- It is advised to travel on your own or with other members of your household/ support bubble to an event/ activity. However, it is permissible to car share with others should it be required.
- Observe national government and governing body guidance.

Personal Conduct - At the Orienteering Activity/Event

- **Be mindful of others who wish to observe social distancing**, including – but not only – when you arrive, while on the course (including start and finish areas) and when you leave.
- Be patient, courteous and respectful of others. Consider how your actions may appear in the eyes of landowners or members of the public.
- Keep your distance from members of the public including giving way to other participants and members of the public on narrow paths and at gates or stiles.
- Arrive at an event during the time window that you have been allocated by the organising club.
- Move quickly away from controls after you have punched – do not stand next to a control looking at your map to work out your route to the next control.
- After finishing a course, move away from the finish, allow yourself to recover (e.g. by catching your breath and reducing your rate of perspiration), and then move swiftly through to download.

Most important of all - enjoy the outdoors safely.