



## British Trail-O Championships 2009

### DEESIDE ORIENTEERING CLUB

invite you to a  
Weekend of Trail-Orienteering  
28-29 November 2009  
Daresbury, Cheshire



### Events:

**Day 1: Saturday 28<sup>th</sup> November – Urban/Park Event** in Daresbury Laboratory. There will be a single open course, with controls of mixed difficulty.

**Day2: Sunday 29<sup>th</sup> November – British Trail-O Championships** in Daresbury Firs, a mixed woodland with rock and contour detail. There will be an Elite and a Standard course. Competitors on Elite may enter as either Open or Paralympic and will be classified as such in the results. The Standard course will have a single classification.

### Venue:

Car Parking and Registration will be at Daresbury Laboratory, follow signs for Daresbury Science and Innovation Campus. (SJ 575832, WA4 4AD)

<http://www.scitech.ac.uk/About/Conts/Find/DL/introduction.aspx>

Disabled parking and toilets are available adjacent to registration for both days. We have a comfortable, indoor room available for assembly and picnics.

### Entries:

Email entries by Tuesday 24<sup>th</sup> November to Pete Owens ([peter.owens@stfc.ac.uk](mailto:peter.owens@stfc.ac.uk)) to ensure sufficient maps.

Wheelchair users please let us know so we can confirm the need for helpers

### Fees:

Saturday (local event)

Senior   **£5** (*£7 not BOF/NWOA*),

Junior   **£2**

Sunday (British Trail-O Championship)

Elite Course       **£10** (*£12 not BOF/NWOA*),

Standard Course   **£8** (*£10 not BOF/NWOA*),

Junior               **£4**

### Event Officials:

**Organiser:** Pete Owens DEE

**Planner:** John Kewley MDOC

**Controller:** Alan Gartside LVO

**Map adviser:** Pete Owens DEE

### **Map Notes:**

- 1:4,000 map to ISSOM 2007 specifications, competition area surveyed 2009 to convert to 2.5m contours
- Printed on waterproof paper, not bagged
- ISSOM 206 (small black dot: Boulder) is used for boundary stones as well as small boulders (see also 537 below).
- ISSOM 420 (green cross: Prominent vegetation feature) is used for prominent fallen trees.
- ISSOM 537 (black circle with central dot: Cairn) is used for piles of stones, but not boundary stones (see also 206 above).
- ISSOM 539 (black circle: man made feature) is used for a statue/sculpture.
- ISSOM 540 (black cross: man made feature) is used for fixed benches
- Some mapped features are below the 1m mapping limit, and are mapped according to their prominence.

### **Standards:**

- 2004 IOF Control descriptions
- 2009 Technical Guidelines for Elite Trail Orienteering

### **Event website:**

<http://www.deeside-orienteeing-club.org.uk/>

## **DAY 1: Saturday 28<sup>th</sup> November Daresbury Laboratory Urban/Park Event**

A Science Park with some grassland, parkland and flowerbeds.

There will be a single Open course which will stay on the tarmac; competitors must stay on the road (and off the pavement) unless otherwise instructed. Traffic should be minimal, but please take care.

Note that since the terrain is so different to the following day this should not be considered a "Model Event". Controls will be of mixed difficulty.

**Provisional course details:** (subject to final controlling)

**Standard:** 1.5km, 10m climb, 14 + 2 timed controls, no time limit, single map

### **Times:**

**Registration:** from 12:00

**Start times:** 12:30 - 14:30

**Course closes:** 16:30

**DAY 2: Sunday 29<sup>th</sup> November**  
**Daresbury Firs**  
**BRITISH TRAIL-O CHAMIONSHIPS**

There will be a BTOC Elite and a Standard course with the Elite results split into separate Open and Paralympic categories.

Following the timed controls, the courses continue along a good track in the lower, largely coniferous (pine!) slopes of Daresbury Firs. You will then have to ascend to the upper part (see NOTE below), the course will then continue along the flatter top of the area which is mixed deciduous woodland, containing various contour and rock features.

Competitors may travel along the marked footpaths (including those marked with dashed lines) unless otherwise prohibited in the terrain by a sign + tape and on the map with an overprinted purple bar. There will be some compulsory taped routes which will be over-printed on the map. There is one flat area where the path is very indistinct: here you are permitted to leave the path as far as the tapes. Some controls will require you to select and punch before continuing.

**Course details:**

**Elite:** 1.5km, 20m climb, 21 + 2 timed controls, 2 hours time limit, three separate maps

**Standard:** 1.5km, 50m climb, 12 + 2 timed controls, no time limit, single map

**Times:**

**Registration:** from 10:00

**Start times:** 10:30 - 12:30

**Courses close:** 15:30

**NOTE:**

There is a steep slope to negotiate to get from the lower to the upper part of the Firs. You will also have to descend this after the competition. For the Elite, the clock will stop while you climb up so there is no need to rush - just punch the SI unit at the bottom of the hill, and then the one at the top where you'll receive your Part 2 map. We will have a safety rope and some helpers for those in wheelchairs.