

COME AND HAVE A GO AT ORIENTEERING

HAVE FUN GET FIT AND LEARN NEW SKILLS!

SUITABLE FOR ALL FITNESS LEVELS, AGES AND ABILITIES.

DEESIDE ORIENTEERING CLUB NIGHT

EVERY WEDNESDAY 6.30-8pm

(starting 12 October)

The Catholic High School, Old
Wrexham Road, Chester, CH4 7HS

Adults £2.50, Children £1.50,

Families £5

Activities include:

- > Indoor and outdoor orienteering exercises
- > Physical training
- > Problem solving activities
- > Club social
- > No experience necessary
- > Juniors under 12 must be accompanied by a responsible adult

For further information contact:

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www.deeside-orienteering-club.org.uk

EVERYONE WELCOME INCLUDING FAMILIES AND INDIVIDUALS.

